

Sun is Wine

lyrics and music by Susan Sheely and Oraea Varis
movements by Susan Sheely
lyrical inspirations from Hafiz in Desert Wisdom by Neil Douglas-Klotz
and from Rumi in Love's Glory by Andrew Harvey

Sun is Wine,
Moon is Cup,
Pour the Sun into the Moon. (repeat)

Love's wine is endless
Keep on pouring it forever. (repeat)

Capo 2

Am G Am G Am G Am

Sun is Wine Moon is Cup Pour the Sun in to the Moon

Am Dm G Am

Love's wine is end less keep on pour ing it for ev er

Dance Verses:

(Part 1)

1. Sun is Wine
 2. Moon is cup
 3. Pour the sun into the Moon
- repeat

(Part 2)

4. Love's wine is endless
5. keep on pouring it forever
6. Love's wine is endless
7. keep on pouring it forever

Dance Movements for one circle (small groups):

Part 1:

1. Partner A begins with hands upward receiving "wine" from above and funneling it down into the heart, hands move to heart (A sings).
2. Partner B begins with hands at Hara level forming receiving vessel in front, arms forming circle raise them up to heart level to receive (B sings)
3. Partner A makes pouring movement from heart into Partner B's vessel (Both sing)

on the repeat, the roles reverse

Part 2

4. Partners turn full turn clockwise together with outstretched arms, holding hands
5. Partners make one long pouring motion directly to partner
6. Half turn with partner
7. face center and pour toward the right, left and finally toward center, then turn to face new partner

Dance Movements for two circles (preferred whenever there are enough dancers):

outside circle is A, inside circle is B

1. Partner A begins with hands upward receiving "wine" from above and funneling it down into the heart, hands move to heart (A sings).
2. Partner B begins with hands at Hara level forming receiving vessel in front, arms forming circle raise them up to heart level to receive (B sings)
3. Partner A makes pouring movement from heart into Partner B's vessel (Both sing)

on the repeat, the roles reverse

4. Half turn
5. pour to right, left, center
6. half turn
7. everyone steps right while directing one long outpouring toward partner while moving on to next partner

Toward the end, everyone can join hands in their circles and walk right, singing to everyone they pass in the other circle, and just repeating the second part (lines 4-7). Hands can break to do pouring action.

End with one circle singing Part 1

Sun Is Wine

capo 2

Am G
Sun is Wine,

Am G
Moon is Cup,

Am G Am
Pour the Sun into the Moon. (repeat)

Am Dm
Love's wine is endless

G Am
Keep on pouring it forever. (repeat)